



FOSTER TALK

#SUPPORTINGTHOSEWHOCARE

FOSTERTALK
TRAINING




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A top-down view of a light-colored wooden desk. A silver laptop is open, with a hand visible on the left side. A pair of white and black headphones with a yellow headband lies on the desk. A white cup of black coffee is in the bottom left corner. The background is a solid yellow color.

WELCOME TO FOSTERTALK TRAINING

FosterTalk was founded in 2004 and is recognised as the UK's leading support service for Foster Carers. We support over 40,000 foster carers and work with over 190 fostering services by providing access to much needed resources from counselling, tax and benefit advice, legal insurance through to discounts on family holidays and days out.

Combining our expertise and wealth of knowledge across foster care and social work, FosterTalk deliver engaging, lifelong learning solutions to both staff and foster carers across the U.K.

We believe that training and development can dramatically improve both personal and professional growth and the outcomes of children and young people in care.

Our range of courses have been specifically designed to deliver relevant and adaptable skills which allow delegates to progress and make a positive impact within their field.

Our training portfolio provides you with an overview of our available courses which are available for both staff and carers both online and face-to-face.

If you wish to speak to our team about bespoke training packages or want to find out more about our open course dates, please contact our friendly training team on **0121 758 5013** or email **training@fostertalk.org**

OUR TRAINING GUARANTEE

TRAINING YOU CAN TRUST

-

EXPERTS IN OUR FIELD

-

INTERACTIVE AND ENGAGING

-

PROVEN RESULTS





TRAINING FOR SUCCESS

VIRTUAL

Our virtual training courses allow you to learn in the comfort of your own home or office via zoom. Each session aims to provide you with a fully interactive experience with your trainer. Group participation is encouraged to provide a fully immersive learning experience. You will receive adequate break time during half and full day courses to ensure you are refreshed and ready to learn. The virtual platform we use for our online training is zoom however can be flexible should this not suit.

FACE TO FACE

Our in-house training centre in Birmingham is the ideal location for you and your team to learn via our face-to-face courses. Our training room is included in group bookings at no extra cost and includes refreshments for all attendees. If you don't want to travel, then we can bring the training to you! If you would prefer to learn in your own premises that's not a problem, we simply bring the trainer to your location. To find out more about our 'in your office' training or if you would like help in locating premises close to your location then simply get in touch with our friendly training team.

STUDY MATERIALS

We provide course materials to all participants including handouts, links to further resources and additional reading materials. Following a training session, you are always welcome to reach out to our expert trainers with any additional questions you may have.

OUR TRAINERS

Our trainers have real life experience in fostering and social care. They are skilled in delivering structured and engaging training, allow all attendees to leave with adaptable and lifelong skills to support their chosen career path.

JOURNEY 2 FOSTER

JOURNEY 2 FOSTER TRAINING

DURATION - 6 X 2 HOUR SESSIONS (HELD OVER 2 DAY) & ONLINE MODULES

The Journey2Foster (J2F) virtual pre-approval training course has been written by foster carers and experienced social workers, for prospective foster carers. Prospective Foster Carers will learn the fundamentals of foster care, the concept of attachment, welcoming a child and promoting positive relationships. **Journey 2 Foster can be delivered face to face and virtually.**

OBJECTIVES

- Explain the fundamentals of what foster carers do
- Explore the concept of attachment and how foster carers can encourage support
- Discuss how to effectively welcome a foster child into a foster home
- List the areas of supervision and support available to foster carers
- Establish how to promote positive relationships in the foster home
- Explain the importance of a child's identity in foster care



COURSES FOR CARERS

ALLEGATIONS TRAINING

DURATION - 4 HOURS

This training is aimed at all Foster Carers regardless of their experience of allegations and will benefit new and experienced Foster Carers. The course aims to ensure that Foster Carers remain aware of the potential for an allegation to be made against them and what measures they can take to minimise the risk. It also covers the typical expectations for Foster Carers in the event of an allegation.

OBJECTIVES

- Explain what is meant by allegations using practical examples to illustrate
- Discuss the differences between allegations, complaints and standards of care issues
- Introduce the allegations process and typical outcomes
- Explain the levels of support available to carers
- Demonstrate how to reduce the risks of allegations

MEETING THE EDUCATIONAL NEEDS OF CHILDREN

DURATION - 2 HOURS

FosterTalk offers training for Foster Carers on meeting the educational needs of children in their care. The training has been devised by a former Head Teacher with considerable experience of supporting and working with children and young people in foster care and offers an invaluable opportunity for Foster Carers to gain insights.

OBJECTIVES

- Support young people in care to engage in educational activities to achieve their potential
- Describe the educational system and how the individual parts work together
- Identify where to obtain help, support and information
- Challenge the education system if necessary with confidence

COURSES FOR CARERS

CULTURAL COMPETENCY TRAINING

DURATION - 2 HOURS

This course is designed to support those caring for children from different backgrounds, challenging racism and implementing strategies for children and young people to deal with racism. This course will provide foster carers and Social Work staff with a sound level of understanding and ability to promote equality, diversity, and rights of individuals and groups within society.

OBJECTIVES

- Describe how our own preconceptions can influence outcomes for children in our care
- Share experience of best practice through using case studies and active learning
- Introduce the areas of legislation and how we can ensure compliance
- Explore the issues of caring for trans-racial children placed in care

We can also facilitate this course for staff.

DELEGATED AUTHORITY TRAINING

DURATION - 4 HOURS

This course is designed to support foster carers to make common sense, everyday decisions about the children and young people they care for, such as allowing them to go to friends' houses for sleepovers, signing consent forms for school trips and even arranging haircuts.

OBJECTIVES

- Explain what delegated authority is and how it is practiced effectively
- Describe why delegated authority is important for carers and children
- Introduce the areas of legislation and how we can ensure compliance
- Discuss the decision making process and how carers can apply this effectively

COURSES FOR CARERS

INTERNET SAFETY TRAINING

DURATION - 3 HOURS

This course introduces the key elements of internet safety measures to foster carers and how to apply them effectively. It will introduce the online risks including grooming, technical controls and the available documentation to help counteract these.

OBJECTIVES

- Introduce the key online risks to foster children
- Describe what grooming is and how it can be identified quickly
- Explain what is meant by 'sexting' and the effects this has on foster children
- List the available technical controls foster carers can apply to minimise risks
- Identify the support documentation available to foster carers

MANAGING BEHAVIOURS TRAINING

DURATION - 2 HOURS

This course will support foster carers to appreciate the complexities of challenging behaviours and to enable the assessment of a foster child's underlying needs. It will introduce the attachment theory, the secure base model and practical techniques to manage behaviours.

OBJECTIVES

- Introduce the attachment theory and how this can help to understand a child's behaviours
- Explain how a child's early experiences can affect their behaviour patterns
- Introduce the secure base model and how this can support management of behaviours
- Introduce the ABC model and how this can support management of behaviour

COURSES FOR CARERS

SAFER CARE TRAINING

DURATION - 2 HOURS

This course supports Foster Carers to promote the safety and well-being of children and young people in Foster Care. It covers how safer aims to protect the wellbeing of carers and their families along with a range of themes, such as forming healthy attachments, dealing with difficult behaviour appropriately, ensuring the protection of each member of the household and minimising the risk of allegations made against carers.

OBJECTIVES

- Explain what is meant by safer caring and how we can apply best practice
- Discuss the importance of safer caring for carers and children
- Establish how safer care protects the foster child and the family
- Describe the role of the safer care policy
- Explain how the fostering household can be involved

STAYING PUT WEBINAR

DURATION - 1 HOUR, Q&A

This webinar supports Foster Carers through the process of staying put when a young person remains with their foster carers following their 18th birthday. It will cover the eligibility criteria, the staying put process and the legislation in place.

OBJECTIVES

- Explain what is meant by staying put and how we can apply best practice
- Discuss the importance of safer caring for carers and children
- Establish how safer care protects the foster child and the family
- Describe the role of the safer care policy
- Explain how the fostering household can be involved

COURSES FOR CARERS

TRAINING SUPPORT & DEVELOPMENT STANDARDS - MAINSTREAM CARERS

DURATION - 7 X 2 HOUR SESSIONS FOR MAINSTREAM CARERS

This course supports Mainstream Carers to follow The TSD Standards, a national minimum benchmark that sets out what foster carers should know, understand and be able to demonstrate within the first 12 months of approval. It covers the relevant induction, training and support, and continuing professional development that Foster Carers should receive.

OBJECTIVES

- Explain what is meant by Training Support & Development Standards
- List the seven standards that foster carers need to comply with
- Develop an individual learning plan in accordance with the standards
- Establish how to collate evidence of Training and Development Standards

TRAINING SUPPORT & DEVELOPMENT STANDARDS - KINSHIP CARERS

DURATION - 6 X 2 HOUR SESSIONS FOR KINSHIP CARERS

This course supports Kinship Carers to follow The TSD Standards, a national minimum benchmark that sets out what foster carers should know, understand and be able to demonstrate within the first 12 months of approval. It covers the relevant induction, training and support, and continuing professional development that Foster Carers should receive.

OBJECTIVES

- Explain what is meant by Training Support & Development Standards
- List the seven standards that foster carers need to comply with
- Develop an individual learning plan in accordance with the standards
- Establish how to collate evidence of Training and Development Standards

COURSES FOR CARERS

CHILD SEXUAL EXPLOITATION TRAINING

DURATION - 4 HOURS

This course supports foster carers to define the different forms of child sexual exploitation, explain what a healthy relationship looks like and identify the risks of both sexual and criminal exploitation. It outlines how to provide a safe base to ensure children are protected as much as possible and to identify vulnerabilities in young children.

OBJECTIVES

- Explain what is meant by child sexual exploitation and how different forms of abuse are linked
- Identify the risks of child exploitation and how to minimise them
- Demonstrate how to provide a safe base to ensure children are protected
- Explain what we mean by consent when caring for children in care

DE – ESCALATION TRAINING

DURATION - 9 HOURS (2 DAYS - 4.5 HOUR EACH)

This course enables learners to recognise, understand and manage behaviour in vulnerable children in an effective trauma informed way. It explains anger, what it might look like, and how can learn to recognise it. The course also presents a description of stress, the brain, behaviours and helps learners to develop methods to help avoid and minimise the need for physical intervention.

OBJECTIVES

- Demonstrate and reinforce expected behaviour skills with the children in their care
- Identify how to intervene early in the escalation sequence to manage behaviours appropriately
- Identify environmental factors that can be manipulated to create a supportive environment
- Identify replacement behaviours that can be shared and adopted by/with children in care

COURSES FOR CARERS

LIFE STORY WORK TRAINING

DURATION - 4 HOURS

This training is designed to support carers to conduct Life Story work with children and young people. It covers key planning, best practice approach and the key skills required to be effective.

The course will outline how to effectively facilitate work with young people appropriately and how to apply correct processes to achieve positive outcomes.

OBJECTIVES

- Explain what we mean by life story work
- Explore the range of approaches used in life story work
- Identify the required skills for effective life story work
- Demonstrate how to explain difficult life stories to children and young people
- Introduce the DFE Knowledge and Skills Statement

ALLEGATIONS TRAINING FOR CARERS E-LEARNING

DURATION - 45 MINUTES

E-LEARNING FORMAT -

This training is an e-learning course based on our 'Allegations Training' listed above. The course aims to ensure that Foster Carers remain aware of the potential for an allegation to be made against them and what measures they can take to minimize the risk. It also covers the typical expectations for Foster Carers in the event of an allegation.

OBJECTIVES

- Define what is meant by the term allegations; complaints; and, standards of care
- Relate allegations to the Children's Act 1989
- Identify the allegations process
- Explain how to reduce the risk of allegations
- Identify the outcomes and what to expect
- Recall how to request support in the event of an allegation
- Explain how Foster Talk Advisors can support you during an allegation

COURSES FOR CARERS

MISSING IN CARE TRAINING

DURATION - 6 HOURS

This course provides a comprehensive opportunity to learn the reasons why young people go missing from home and the procedures foster carers need to follow in such circumstances, identifying key pieces of legislation and policy. Participants will be provided with the information necessary to identify signs of exploitation and possible implications when young people do not return home.

OBJECTIVES

- Introduce the relevant legislation and guidance including local protocol
- Discuss why young people go missing from home
- Recognise signs of exploitation in children in care
- Identify the process to follow when a child goes missing in care
- Discuss the role of the police when a child goes missing in care



COURSES FOR STAFF

SUPERVISION SKILLS FOR SUPERVISING SOCIAL WORKERS

DURATION - 4 HOURS

Supervision skills training is aimed at supervising social workers who may be new to the role or for experienced SSW who require a refresher and an opportunity to become familiar with current practice.

OBJECTIVES

- Explore the regulatory context and purpose of Foster Carer supervision
- Discuss common issues and dilemmas in Foster Carer supervision
- Demonstrate best practice in effective supervision to achieve positive outcomes
- Identify what can have a negative impact on supervision outcomes
- Explain how to manage individual and team performance effectively
- Develop best practice skills to address and resolve poor performance

ALLEGATIONS TRAINING FOR STAFF

DURATION - 4 HOURS

FosterTalk offers comprehensive training on allegations for social work professionals working with Foster Carers. The training covers common types of allegations, their implications and how they can effect Foster Carers. The course will also identify the challenges to managing allegations for social workers and fostering agencies.

OBJECTIVES

- Identify what we mean by an allegation
- Describe how allegations differ from standards of care concerns
- Establish how fostering services should handle allegations
- Discuss the challenges for SSW's and their managers
- Explore the likely impact of allegations on foster carers

COURSES FOR STAFF

LIFE STORY WORK TRAINING FOR STAFF

DURATION - 4 HOURS

This training is designed to support social workers to facilitate Life Story work with foster carers. It provides guidance on key planning, the skill sets required and best practice techniques for foster carers.

The course will outline how to effectively facilitate work with young people appropriately and how to apply correct processes to achieve positive outcomes.

OBJECTIVES

- Review what we mean by life story work for foster carers
- Explore effective methods and techniques used in life story work
- Identify the required skills for social workers to be effective
- Support social workers to explain difficult life stories to children and young people
- Explain how the organisation can work as a corporate parent
- Introduce the DFE Knowledge and Skills Statement

LIFE STORY WORK TRAINING FOR MANAGERS

DURATION - 4 HOURS

This training is designed to support supervising social workers to ensure their social workers conduct Life Story work with children and young people. It covers key planning, best practice approach and the key skills required to be effective.

The course will outline how to effectively facilitate work with young people appropriately and how to apply correct processes to achieve positive outcomes.

OBJECTIVES

- Define what is meant by life story work
- Explore the range of approaches used and apply best practice
- Identify the required skills for social workers involved in life story work
- Demonstrate how to explain difficult life stories to children and young people
- Explain how the organisation can work as a corporate parent
- Introduce the DFE Knowledge and Skills Statement

COURSES FOR STAFF

REFLECTIVE SUPERVISION TRAINING

DURATION - 6 HOURS

FosterTalk offers training to social workers, support workers and social work managers on reflective supervision. It includes discussing the emotional impact that professional activities have on the individual and the team. The course will also cover popular models, how to apply them, evidencing techniques and the development of practical ideas to support reflective supervision.

OBJECTIVES

- Explore popular models of reflective supervision practice
- Introduced effective tools to assist reflective supervision
- Discuss how reflective supervision can be integrated with the Secure Base Model
- Explain how reflective supervision can be evidenced
- List the common issues that may arise from reflective supervision
- Develop your own practical ideas about how issues might be addressed

NATIONAL MINIMUM STANDARDS TRAINING

DURATION - 4 HOURS

FosterTalk offers training to supervising social workers on national minimum standards. It includes an introduction to national minimum standards in fostering, the clear purpose of national minimum standards, their practical application and how to complete review and supervision activities effectively.

OBJECTIVES

- Explain the regulatory framework and national minimum standards
- Identify the purpose of national minimum standards for fostering
- Explain how to apply national minimum standards within fostering
- Discuss the assessment, review and supervision of foster carers
- Describe how NMS is applied to placement into foster care

TRAINING THAT MAKES A DIFFERENCE



I found this a really useful, thought-provoking, and very well-delivered session. I felt I learned lots and my interest and attention was held to the extent I was surprised when we reached the end as the time seemed to have gone by very quickly.

CULTURAL COMPETENCE



Foster Talk has delivered several training courses for our service over the past year. During this time, I have been very impressed by the work delivered, if I have had any questions or queries I am able to speak to someone over the phone and failing that receive a quick and helpful response via email. Their trainers are highly knowledgeable in their fields and both our carers and staff have been impressed by the manner and content of the training delivered during a very challenging year.

TRAINING THAT MAKES A DIFFERENCE



I would like to add that I really enjoyed the training, it was nice to meet other carers in the same position as me all starting our fostering journey. The trainer was fantastic, she spoke at a really good pace which was enjoyable to listen too and the information went in well. Claire was approachable and listened very well. I will look forward to learning more so I can be equipped with the right skills needed for the role of foster carer.

JOURNEY 2 FOSTER



Communication has been first class. I would have no hesitation in booking FosterTalk again to do training for our foster carers.

FosterTalk trainers are highly knowledgeable in their fields and both our carers and staff have been impressed.



HOW TO BOOK TRAINING

HOW TO BOOK:

To book a training course or to find out more about dates and availability please email training@fostertalk.org or call our friendly training team on **0121 758 5013**.

HOW TO FIND US:

We are located just outside of Birmingham City Centre and just 20 minutes from M5 Junction 1.

FosterTalk
5 Highfield Rd
Birmingham
B15 3ED

TRAINING FACILITIES

Our training room offers a bright and spacious location for your training or meeting room requirements. The space can comfortably accommodate 15 people and has a dedicated break out area and catering facilities.

- Accessibility
- Air Conditioning
- Breakout Spaces
- Conferencing Phone (optional)
- Printing (optional)
- Flipchart
- Host
- Kitchen
- Projector/TV/Screen
- Secure Access
- Wireless Internet Access



We offer competitive and flexible rates for anyone wishing to book, with a special discount for FosterTalk members.

To find out more about our training facilities or to book email training@fostertalk.org or [click here!](#)

CONTACT US



0121 758 5013



training@fostertalk.org



fostertalk.org

